



“Be faithful to your prayer life and have a sense of humor,” says Sister Rita Polchin (*foreground*), 87, a member of the Sisters of Saints Cyril and Methodius. This philosophy has served her well during nearly 70 years of religious life, especially as a teacher and principal in Catholic schools.

Like Sister Rita, the senior sisters, brothers, and religious order priests shown here—and nearly 33,000 more across the nation—have offered their lives in service and prayer. Your gift to the Retirement Fund for Religious helps provide nursing care, medications, and other necessities. Please be generous.

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